

Provide the Best Benefits at the Lowest Cost

HR Knowledge gives you a wide variety of ways to offer programs that employees really value, such as commuter benefits, Flexible Spending Accounts (FSAs), and Health Savings Accounts (HSAs). No matter the size, industry, or needs of your organization, we will work with you to find fringe benefits that give your employees more for their money.

These fringe benefits allow employees to use tax-free dollars to save on healthcare and transportation expenses, while reducing your organization's payroll taxes.

Help your employees get the most out of their paychecks with these most popular cafeteria benefits.



FSA Benefits

Flexible Savings Accounts allow your employees to deduct money from their paycheck on a pre-tax basis to deposit into a spending account for eligible health expenses, health care, and dependent care.



Section 125 Premium-Only Plans (POP)

We will ensure your company's POP plans follow all federal government requirements and remain compliant.



HSA and HRA Benefits

We can assist in administering Health Savings Account and Health Reimbursement Arrangement plans for your employees to help cover the costs of certain medical expenses.



Commuter Benefits

Do your employees use public transportation or pay for parking? Make their commuting more affordable with tax-free contributions.



24/7 Access

Your employees can access their balance, view their transaction history, submit claims, and more from a computer or mobile app.



Concierge-Level Service

Enjoy our unparalleled "concierge-level" client service, which helps make HR Knowledge a leader in our industry.